



TEENS' TRANSITION TO LIFE SUMMIT

SATURDAY SEPTEMBER 23, 2017 9:00 A.M.- 3:00 P.M.

Fort Lauderdale Marriott North Hotel, 6650 N. Andrews Ave. Ft. Lauderdale, 33309

Keynote Speaker: Russell Lehmann

Public Speaker, Author, Poet, Advocate



Free with Registration

An informative day for youth with unique abilities who are interested in college, vocational education and other options in life after high school. The day also includes workshops for parents supporting youth transitioning to adulthood.

- Breakfast & Lunch
- Breakout Sessions for **Parents** and **Youth**
- Activities & Entertainment

Youth After Party with DJ STICHIZ!!!

Register by visiting www.cscbroward.org

If you need an American Sign Language Interpreter, please contact Carol M. Beitler carol.beitler@browardschools.com

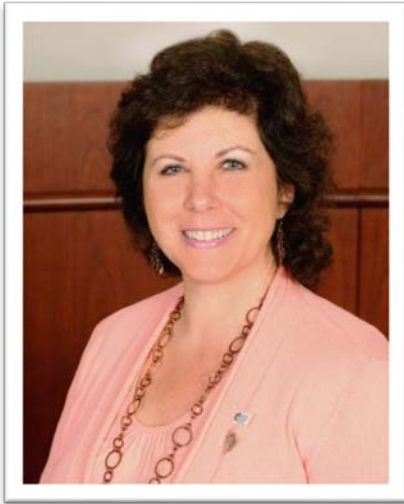


WELCOME

CINDY ARENBERG SELTZER

Children's Services Council of Broward County

President/Chief Executive Officer



Welcome to the Eighth Annual Teens' Transition to Life Summit! At the Children's Services Council of Broward County (CSC), we pride ourselves in funding effective programming for youth with various unique abilities to become independent and responsible adults. With our mission to enhance children's lives, we continue to power the Special Needs Advisory Coalition (SNAC) and partner with the Exceptional Student Learning Support (ESLE) Department at the Broward County Public Schools and the Broward Behavioral Health Coalition to bring you valuable information from local and national experts. I truly believe that an informed parent and caregiver are critical for every child's success. The workshops planned today have been tailored with you and your child in mind. As you gather materials during the informational sessions and workshops, it is my hope that you walk away with a wealth of resources that will help your child achieve their transition goals. For more information on CSC and our funded

programs for all children, please visit our website at www.cscbroward.org, like us on Facebook at facebook.com/cscbroward, and checkout our YouTube channel at youtube.com/cscbroward. Enjoy the Summit!

ROBIN BARTLEMAN

Broward County Public Schools

School Board Member and Special Needs Advisory Coalition (SNAC) Chair



Welcome to the Eighth Annual Teens' Transition to Life Summit. As a former special education teacher, school based administrator, and parent of a Broward County Public Schools' student and graduate, I am proud to support this informative forum for youth and parents alike. For some of our students, this will be their first time participating in our topic driven workshops and for others this is an opportunity to expand their knowledge about post-secondary options, settings, and career paths. This will be an exciting day for all. I would also like to thank the Children's Services Council for their support and partnership with the Broward County Public Schools' ESE Department in making this summit a reality.

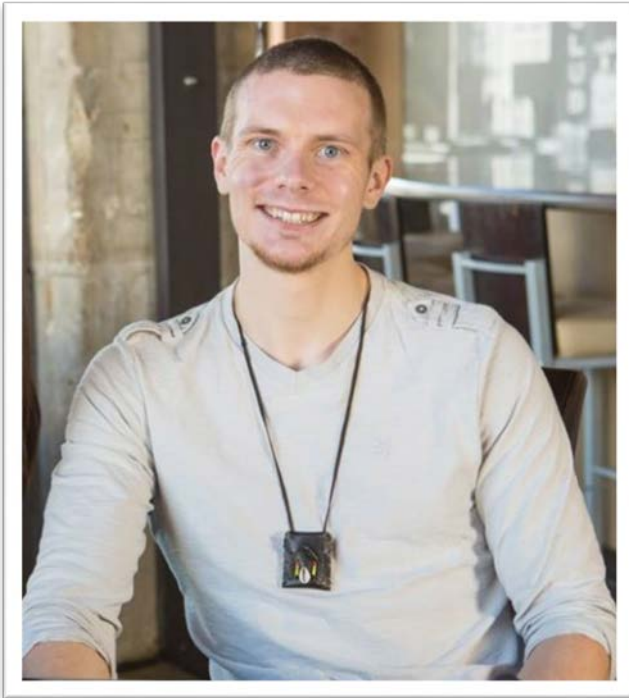
KEYNOTE SPEAKER

RUSSELL LEHMANN

Public Speaker, Author, Poet and Advocate

“I may have a disability, but I refuse to have my disability have me!”

(above quote taken from <http://www.russell-lehmann.com/>)



Russell Lehmann is an award-winning and internationally recognized motivational speaker, author, poet and advocate, who also happens to have autism himself. Russell began to experience symptoms and struggles around the age of three, however not a single doctor or specialist could figure out what was happening. In 2003, at the age of 12, Russell was admitted to the psychiatric ward at a local hospital. He stayed there for five weeks, which were some of the toughest of his life. He unfortunately left this hospital without any diagnosis.

Later that year, in 2003, Russell was finally diagnosed with autism at the University of Washington’s Autism Center.

In 2011 Russell wrote a book titled “Inside Out: Stories and Poems from an Autistic Mind” which was featured in the LA Times, earned an Honorable Mention at the 2012 NY Book Festival and won the award for Literary Excellency at the 2013 International Autistic People’s Awards in Vancouver, Canada.

After accumulating a 4.0GPA in high school and being honored as a member of the 2009 All-State Academic Team, Russell spent two years taking part-times classes at his local community college (TMCC) in Reno, Nevada. He received straight A’s and was invited to be a member of the Phi Delta Kappa Honor Society, and soon after Russell discovered his true calling in life, helping others and advocating on their behalf. This is when he turned his focus solely to being a voice for the unheard, for he knows how difficult it is to go unnoticed.

Russell's name and story is known world wide, and every presentation he gives uplifts, inspires and increases awareness and understanding, all the while producing a room full of emotions. He has yet to give a speech that has not received a standing ovation.

In 2013 Russell made national headlines after a spoken word poem of his, directed at a rap artist who made an offensive comment about those with autism, went viral. After accumulating over 500,000 views in 24 hours, the rapper released an apology a day later and retracted the lyrics from his song.

In 2017 Russell made international headlines when he wrote a heartwarming Facebook post about a meltdown he had at an airport, and the airline employee who helped him through it. It quickly went viral and was featured on Yahoo! News, USA Today, Autism Speaks and countless other media platforms. Everybody everywhere was encouraged to #BeLikeDavid!

Russell has a raging fire within him to stand up for those who are not yet strong enough to do so themselves. His goals in life are to erase the stigma and stereotypes that come with having a disability, and to make this world a better place by spreading hope, awareness, acceptance, belief and tolerance.

SUMMIT SCHEDULE

Views expressed in these workshops are the presenters' and are not to be attributed to the Children's Services Council of Broward County, the School Board of Broward County, Broward Behavioral Health Coalition, or any other partner and/or sponsor of this conference.

CHECK-IN, BREAKFAST and RESOURCE TABLES	9:00 AM – 10:00 AM
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OPENING SESSION	10:00 AM – 11:00 AM	PURPLE ROOM
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	YOUTH TRACK		PARENT TRACK	
SESSION I 11:15 AM – 12:00 PM	Q & A PANEL: SOFT SKILLS FOR EMPLOYMENT	PURPLE ROOM	Q & A PANEL: DISCUSSION ON POST-SECONDARY EDUCATION	BLUE ROOM
	CREATIVE RELAXATION	GREEN ROOM	Q & A PANEL: EMPLOYMENT TRAINING	GREY ROOM
	WRAP FOR YOUTH	RED ROOM	FAMILIES EMPOWERING FAMILIES	WHITE ROOM
	FINANCIAL EDUCATION	YELLOW ROOM	DEFERMENT/DIPLOMA OPTIONS	BLACK ROOM

SESSION II 12:15 PM – 1:00 PM	RELATIONSHIPS & SELF-DETERMINATION	PURPLE ROOM	CREATIVE RELAXATION	GREEN ROOM
	Q & A PANEL: DISABILITY	BLUE ROOM	GROWTH MINDSET	GREY ROOM
	I AM NOT A LABEL	RED ROOM	TEAM UP FOR FAMILIES: ROAD MAP FOR NAVIGATING SERVICES FOR YOUTH	WHITE ROOM
	Q & A PANEL: STUDENT EMPLOYMENT PANEL	YELLOW ROOM	Q & A PANEL: HOUSING	BLACK ROOM

LUNCH	1:00 PM – 1:30 PM	ORANGE ROOM	PURPLE ROOM
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SESSION III 1:30 PM – 3:00 PM	YOUTH AFTER PARTY with STICHIZ & DJ IVORY!!!	WHITE ROOM	Q&A PANEL: WHAT YOU NEED TO KNOW ABOUT BENEFITS	PURPLE ROOM
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SESSION OVERVIEW

9:00 AM – 10:00 AM	CHECK-IN, BREAKFAST & RESOURCE TABLES
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10:00 AM – 11:00 AM	OPENING SESSION
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PURPLE ROOM

TRIUMPH: OVERCOMING THE ODDS

Keynote Speaker: Russell Lehmann, Public Speaker, Author, Poet, Advocate

Russell Lehmann is an award-winning 26-year-old public speaker, author, poet and autism awareness advocate, who also happens to have autism. His book, "Inside Out: Stories and Poems from an Autistic Mind," was featured in the LA times and earned an Honorable Mention at the 2012 NY Book Festival, and won the award for Literary Excellency at the 2013 International Autistic People's Awards in Vancouver, Canada.

YOUTH TRACK

SESSION I	11:15 AM – 12:00 PM
PURPLE ROOM	<p>"Q & A PANEL: SOFT SKILLS FOR EMPLOYMENT" <i>Moderated by: Dr. Galen Chun, Licensed Clinical Psychologist</i></p> <p>What soft skills are employers looking for? Join this panel discussion and learn about the soft skills that are in demand for today's job market. Hear from industry professionals who have hired people with unique abilities. They will discuss what it takes for you to set yourself ahead when it comes to getting a job. This is an inside view of the hiring process. If you are looking for a job, this is the breakout session you want to attend.</p>
GREEN ROOM	<p>CREATIVE RELAXATION <i>Presenter: Gigi McIntire, School Counselor, Broward County Public Schools</i></p> <p>Students are invited to have fun; to stretch, strengthen and improve balance; to develop body-awareness and self-control; to improve social interaction; to learn techniques for relaxation. Be prepared for real practice, dress comfortably!</p>
RED ROOM	<p>WRAP FOR YOUTH <i>Presenter: Taylor Blanco, Youth M.O.V.E. Broward and Susan Nyamora, MSW, CRPS-A, South Florida Wellness Network</i></p> <p>WRAP is a self-management system that equips young people for lifelong wellness, it is a way to get through tough times that can come with finishing school, finding work, and moving into new situations. Making your WRAP plan, you choose what you will do every day, and if difficult things come up, you plan what your responses will be to keep yourself safe and in control of your life.</p>
YELLOW ROOM	<p>FINANCIAL EDUCATION <i>Presenters: Samora Cunningham and Luz Arcila, CareerSource Broward</i></p> <p>Do you have plans to get your own place, go to college, buy a new car, to take a vacation, or to buy a new television? Learn how to create a spending plan to manage your finances and achieve your goals. In this workshop, each youth will also create a dream board to visualize what they want to save for and how they will achieve their goal.</p>

SESSION II	12:15 PM – 1:00 PM
PURPLE ROOM	<p>RELATIONSHIPS & SELF-DETERMINATION <i>Presenter: Dr. Galen Chun, Licensed Clinical Psychologist</i></p> <p>Dr. Chun will review tips for youth: reading my own and others emotions, how to introduce oneself, what comes after the introductions, reciprocity in relationships, and self-determination and self-advocacy. Questions from participants are encouraged and will be welcomed!</p>
BLUE ROOM	<p>Q&A PANEL: DISABILITY <i>Panelists: Vocational Rehabilitation, and Rob Grimm, Youth Advocate - FND</i> <i>Moderated by: Billie Morgan, 2-1-1 Broward</i></p> <p>Join this panel discussion to learn more about your Individualized Plan for Employment (IPE) and your Individual Education Plan (IEP). Learn how to be more involved in creating your plans.</p>
RED ROOM	<p>I AM NOT A LABEL <i>Presenter: Taylor Blanco, Youth M.O.V.E. Broward and Susan Nyamora, MSW, CRPS-A, South Florida Wellness Network</i></p> <p>This workshop is designed to introduce the topics of stigma and labels in American society. Attend this workshop to smash the negative judgements that exist in American society!</p>
YELLOW ROOM	<p>Q & A PANEL: STUDENT EMPLOYMENT PANEL <i>Panelists: Capri Santos, Youth Advocate</i> <i>Moderated by: Marissa Aquino, CSC of Broward County</i></p> <p>Come hear from youth with unique abilities who secured employment. This session is for you to hear first-hand from youth tips on completing job applications, finding jobs and interviewing for employment.</p>
LUNCH	1:00 PM – 1:30 PM
PURPLE ROOM	Lunch boxes will be available in the foyer area of the second floor.
ORANGE ROOM	
SESSION III	1:30 PM – 3:00 PM
WHITE ROOM	<p align="center">YOUTH AFTER-PARTY Starring STICHIZ & DJ IVORY from iHeart Radio!!!</p>

PARENT TRACK

SESSION I	11:15 AM – 12:00 PM
RED ROOM	<p>Q&A PANEL: DISCUSSION ON POST-SECONDARY OPTIONS <i>Panelists: ARC Broward, Nova Southeastern University, Broward College, Dan Marino Campus, and McFatter Technical College</i> <i>Moderated by: Lou Ruccolo, Broward County Public Schools</i></p> <p>This panel discussion will provide a summary of each organization’s admissions criteria, career options/track and available supports for students from the Office of Disabilities.</p>
GREY ROOM	<p>Q&A PANEL: EMPLOYMENT TRAINING <i>Panelists: CareerSource Broward, Piper Weber, Children’s Services Council, Robert Moore – McDonald’s Assistant Store Manager</i> <i>Moderated by: Marissa Aquino, CSC of Broward County</i></p> <p>This interactive panel discussion will provide parents with information about employment training options available in Broward County for students with unique abilities.</p>
WHITE ROOM	<p>FAMILIES EMPOWERING FAMILIES <i>Presenter: Gretchen Rovira, MHS, CAP, Federation of Families Broward County/South Florida Wellness Network and Susan Nyamora, MSW, CRPS-A, South Florida Wellness Network</i></p> <p>Learn how to become a Family Support Partner by using your own experiences to empower others. Family Support Partners are uniquely qualified to advocate, navigate, educate, support and empower families of children with behavioral health challenges.</p>
BLACK ROOM	<p>DEFERMENT/DIPLOMA OPTIONS <i>Presenter: Lisa Friedman-Chavez and Stacey Wolf</i></p> <p>Families and teachers alike continue to be confused over the recent changes to Florida graduation options, leading many to ask the following questions: “Does my son have to pass all those tests to obtain a regular diploma?” “Since all kids now get a standard diploma, does that mean my daughter can go to college?” “If he defers his graduation, can he still walk across the stage at graduation?” “How will the graduation requirements my daughter is faced with determine her future?” Attend this training to learn answers to these questions and many more.</p>

SESSION II	12:15 PM – 1:00 PM
GREEN ROOM	<p>CREATIVE RELAXATION <i>Presenter: Gigi McIntire, School Counselor, Broward County Public Schools</i></p> <p>Parents will learn techniques to help their child have fun; stretch, strengthen and improve balance; develop body-awareness and self-control; improve social interaction; and learn techniques for relaxation. Get ready for real practice, dress comfortably.</p>
GREY ROOM	<p>GROWTH MINDSET <i>Presenter: Naomi Church, FDLRS Program Specialist</i></p> <p>This session will focus on how parents can build a Growth Mindset their children, and even develop one themselves. When children and young adults believe in themselves, they understand their effort is what makes a difference in achieving to their full potential. Come learn how simple changes in the way you praise your child can make them into more successful students and young adults.</p>

SESSION II	12:15 PM – 1:00 PM
WHITE ROOM	<p>TEAM UP FOR FAMILIES (TUFF): ROAD MAP FOR NAVIGATING SERVICES FOR YOUTH <i>Presenter: Gretchen Rovira, MHS, CAP, Federation of Families Broward County/South Florida Wellness Network and Susan Nyamora, MSW, CRPS-A, South Florida Wellness Network</i></p> <p>Do you have a transitional aged youth experiencing behavioral or emotional challenges and need help navigating their services? This session will offer guidance and resources to work effectively with doctors, schools, and agencies. This lively, interactive class is full of practical strategies, taught by parents who share many of the same challenges you face.</p>
BLACK ROOM	<p>Q&A PANEL: HOUSING AND INDEPENDENT LIVING <i>Presenters: Elissa Plancher, Broward Behavioral Health Coalition; Cara Malave, The FLITE Center</i> <i>Moderated by: Lisa Friedman-Chavez</i></p> <p>This panel discussion will provide participants with guidelines and resources for parents to assist their youth in taking the appropriate steps toward achieving and maintaining successful supported and/or independent living.</p>

LUNCH	1:00 PM – 1:30 PM
PURPLE ROOM	<p>Lunch boxes will be available in the foyer area of the second floor.</p>
ORANGE ROOM	

SESSION III	1:30 PM – 3:00 PM
PURPLE ROOM	<p>Q&A PANEL: WHAT YOU NEED TO KNOW ABOUT BENEFITS <i>Presenters: Amilcar Urroz, Service Source; Joseph Mahoney, Vocational Rehabilitation; Samora Cunningham, CareerSource Broward</i> <i>Moderated by Lou Ruccolo, Broward County Public Schools & Robby Holroyd, CSC of Broward County</i></p> <p>Participants will receive information about the benefits and services provided by Social Security Administration and Vocational Rehabilitation of Florida. Participants will learn the differences between Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI); as well as the benefits, rules about income and resources and the application process for both programs; and what happens when your child turns 18.</p>

PLANNING COMMITTEE MEMBERS

Lou Ruccolo, MS Ed (Committee Chair)

Supervisor, ESE Transition Services

Broward County Schools

Melanie Magill, MA (Committee Co-Chair)

Senior Quality Assurance Analyst

CareerSource Broward

Marissa Aquino, MS

Programs Manager – Special Needs

Children’s Services Council of Broward County

Carol Beitler, MS Ed

FDLRS Program Specialist, Parent Services and HRD

Broward County Public Schools

Keisha Grey, Ed.D.

Strategy Manager

Children’s Services Council of Broward County

Lisa Friedman-Chavez

Regional Transition Representative, Region 5

Project 10: Transition Education Network

Celia Hall, MPA

Recovery Support Navigator - One Community Partnership-2 IPS Trainer

Broward Behavioral Health Coalition

Robert Holroyd

Government Affairs Manager

Children’s Services Council of Broward County

Susan Nyamora, MSW, CRPS-A

President/CEO

South Florida Wellness Network

With Support from **Transition to Independence** SNAC Subcommittee members.

Vision

All children in Broward County should have the opportunity to realize their full potential, their hopes and their dreams, supported by a nurturing family and community.

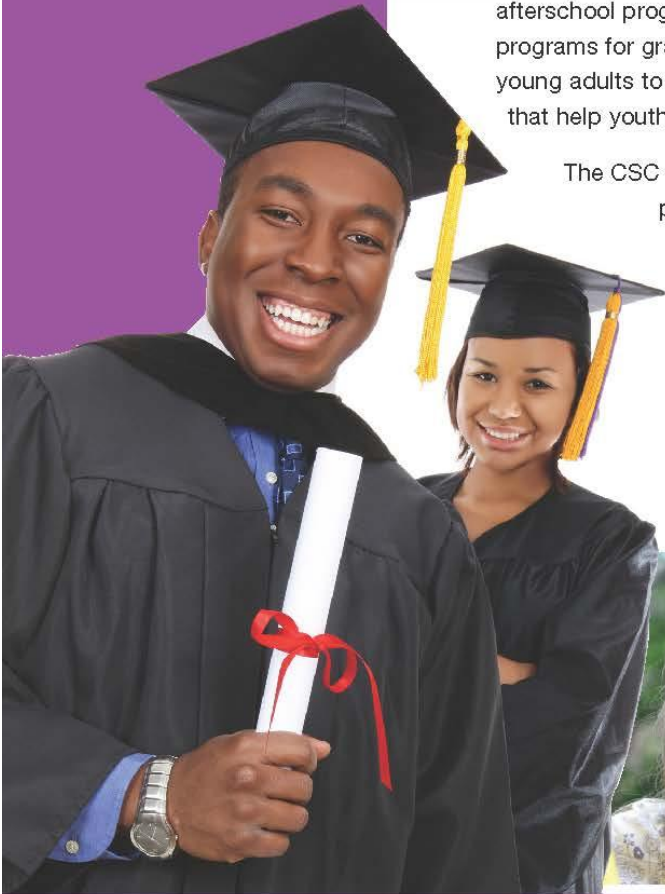


The mission of the CSC is to empower Broward's children to become responsible, productive adults capable of realizing their full potential, their hopes and their dreams. Since being created by the voters of Broward County in 2000, we have funded hundreds of programs that serve children and families in Broward.

We deliver these programs in partnership with dozens of trusted providers who are held to the highest standards of service delivery, like pre-school and afterschool programs; programs for children and youth with special needs; programs for grandparents raising their grandchildren; programs that empower young adults to become leaders and embark on a life of success, and programs that help youth who have committed minor offences back onto the right path.

The CSC works with Community Partners to help "Turn the Curve" in a positive direction on issues like:

- Maternal and Child Health
- Family Strengthening
- After-School and Out-of-School Time
- Kinship Care
- Youth Leadership, Advocacy and Employment
- Support for Youth and Families with Special Needs



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